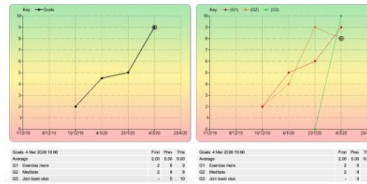# Pragmatic
T R A C K E R

Goal-based outcomes

www.pragmatictracker.com

2/8/2020

Over the last decade we've worked hard to bring useful features to Pragmatic Tracker, inspired by feedback from our users. We've always had the ability to capture goals along with tracking progress on problems with clients. However, more recently we realised the synchronicity with the work of Duncan Law and his 'Goal-based outcomes' system https://goals-in-therapy.com/

We've now adapted Pragmatic Tracker to provide the electronic equivalent of this system so that it's really easy and useful to track client progress on their goals.

We wanted to be able to look at the journey of each particular goal in relation to the others; we also wanted to be able to list a goal but have it inactive if, for example, a client isn't yet ready to work on it or if they in fact have already achieved it. We also wanted to see how goals progressed in relation to changes on other standardised measures we might use with our clients.

In our July 2020 release of Pragmatic Tracker, version 3, we've achieved our ambition and we're pretty pleased with the result.

Take a look at this 5 minute video where I explain a little more about it...

https://www.youtube.com/watch?v=gTMjw29-hYw&feature=youtu.be

Anyone wishing to know more about this, and how Pragmatic Tracker can really help you in your work please do get in touch. You can reach me on:

info@pragmatictracker.com

All the best,

Bill Andrews
bill.andrews@pragmatictracker.com

For more on goal-based outcomes see: https://goals-in-therapy.com/   &
https://global.oup.com/academic/product/working-with-goals-in-psychotherapy-and-counselling-9780198793687?cc=gb&lang=en&